

2013 RESULTS

2013 NPC SOUTHERN STATES CHAMPIONSHIPS BODYBUILDING & WOMEN'S PHYSIQUE JULY 13, 2013 – FT. LAUDERDALE

OFFICIAL CONTEST RESULTS

GRAND MASTERS (MEN OVER 70)

LIGHTWEIGHT

1. Jim Shaffer

MIDDLEWEIGHT

1. Harold Seidenfroen

HEAVYWEIGHT

1. Carl Cone

OVERALL WINNER: HAROLD SEIDENFROEN

MEN OVER 60

LIGHTWEIGHT

1. Ron Benash
2. David Weinstock
3. Bob Slade

HEAVYWEIGHT

1. Jim Talkie
2. Carlos Alvarez
3. Jack Scrow

OVERALL WINNER: JIM TALKIE

MEN OVER 50

LIGHTWEIGHT

1. Jamie Carroll
2. Craig Silvera Jr.
3. Jesus Cabrera

MIDDLEWEIGHT

1. Phil Wescott
2. Roy Cochran Jr.
3. Lazaro Diaz

HEAVYWEIGHT

1. Frank Grieco
2. Ron Maseth

OVERALL WINNER: FRANK GRIECO

WOMEN OVER 50

LIGHTWEIGHT

1. Bonnie Wescott

HEAVYWEIGHT

1. Terri Palakiko

OVERALL WINNER: TERRI PALAKIKO

WOMEN OVER 40

HEAVYWEIGHT

1. Lisa Fonseca

OVERALL WINNER: LISA FONSECA

MEN OVER 40

LIGHTWEIGHT

1. Vladimar Leal
2. Hardy Wood
3. Niklas Loven

MIDDLEWEIGHT

1. Fraijan Texidor
2. Alex Urbina
3. Jean Labelle

HEAVYWEIGHT

1. James Bivens
2. Alexander Becerra
3. Charles Jewett

OVERALL WINNER: FRAIJAN TEXIDOR

MEN OVER 35

LIGHTWEIGHT

1. Frank Sucre
2. Tony Pitre

MIDDLEWEIGHT

1. Ernie Pages

HEAVYWEIGHT

1. Yorierki Adamg
2. Marco Dalabona
3. Ruben Usche

OVERALL WINNER: FRANK SUCRE

MASTERS WOMEN OVERALL: TERRI PALAKIKO

MASTERS MEN OVERALL: FRAIJAN TEXIDOR

TEEN MEN

LIGHTWEIGHT

1. Colton Sellars
2. Daniel Hernandez

HEAVYWEIGHT

1. Cody Bishop
2. Brandon R. Silk

OVERALL WINNER: CODY BISHOP

DAVID BAILEY "MOST PROMISING TEEN" AWARD: CODY BISHOP

WOMEN'S PHYSIQUE

CLASS A

1. Gabriela Quiros
2. Rosa Bermudez
3. Julie Sanders

CLASS B

1. Zsuzsanna Kellner
2. Melissa Martin
3. Jacqueline Garcia

OVERALL WINNER: GABRIELA QUIROS

NOVICE MEN

LIGHTWEIGHT

1. Alex Dieck
2. Daniel Hernandez
3. Tony Pitre

MIDDLEWEIGHT

1. Eduardo Zamora
2. David Calafell
3. Christofer Martinez

HEAVYWEIGHT

1. Jonathan Muniz
2. Patrick Gordet
3. Fazan Ebadvpoon

OVERALL WINNER: EDUARDO ZAMORA

WOMEN'S OPEN

MIDDLEWEIGHT

1. Terri Palakiko

HEAVYWEIGHT

1. Lisa Fonseca

OVERALL WINNER: LISA FONSECA

MEN OPEN

BANTAMWEIGHT

1. Simon Alpert
2. David Weinstock
3. Jesus Cabrera

LIGHTWEIGHT

1. Renel Charles
2. Pablo Ruiz
3. Jamie Carroll
4. Niklas Loven
5. Colton Sellars

WELTERWEIGHT

1. Frank Sucre
2. Hardy Wood
3. Roosevelt Woodard
4. Jaser Price
5. Vladimar Leal

MIDDLEWEIGHT

1. Fraijan Texidor
2. Santiago Aragon
3. Alex Urbina
4. Ricardo Sotelo
5. Scott Peskin

LIGHT HEAVYWEIGHT

1. Julio Hernandez
2. Evelio Costales
3. Jean P. Labelle
4. Dano Aviles
5. Yorierki Hdaung

HEAVYWEIGHT

1. Osman Lleo
2. Tedd Voight
3. Jeff Schwartzer
4. Edward Shepherd
5. Pierre Lemy

SUPER HEAVYWEIGHT

1. Ruben Usche
2. David Mtchell
3. Brantley Coe

OVERALL WINNER: FRAIJAN TEXIDOR

GENE MASSEY MEMORIAL AWARD: TIM GARDNER